

## Family Residences and Essential Enterprises, Inc. (FREE)

191 Bethpage-Sweet Hollow Road, Old Bethpage, NY 11804 Phone: 516-870-1600 Fax: 516-870-1660

# \*\*\*MEDIA ADVISORY\*\*\*

FOR IMMEDIATE RELEASE: October 3, 2017

**CONTACT:** Patrice Radowitz, Tel: 516-870-1621/Cell: 631-553-7432

Email: pradowitz@familyres.org

Andy Robles: 516-603-0447 Email: familyres.free@gmail.com

\*\*\*Great Visuals as Athletes and Individuals will be Interacting and Playing Sports Together\*\*\*

# FREE TO WELCOME CHAMPION ATHLETES YOLANDA MONROE AND DERRICK ADKINS

**Old Bethpage, NY** –Family Residences and Essential Enterprises, Inc. (FREE) will welcome champion athletes Yolanda "Yo-Yo" Monroe, a World Champion in handball; and Derrick Adkins, an Olympic Gold Medalist in the 400-meter hurdles to their Old Bethpage headquarters on Friday, November 3<sup>rd</sup>, at 11:00 a.m., for a special Sports Day. Yo-Yo and Derrick will be speaking to the individual's supported by FREE on team building, working towards goals and overcoming challenges as well as conducting interactive activities with them.

When: Friday November 3, 2017

11:00 a.m.

#### Where:

Family Residences and Essential Enterprises, Inc. (FREE)
Multi-Purpose Room
191 Bethpage Sweet Hollow Rd
Old Bethpage, NY 11804

### **About Family Residences and Essential Enterprises, Inc. (FREE)**

Family Residences and Essential Enterprises, Inc. (FREE) founded in 1977 and headquartered in Old Bethpage, benefits and proudly supports more than 4,000 individuals with intellectual disabilities, mental illness and traumatic brain injury. It is the mission of FREE to help individuals of all abilities realize their full potential.

More...

FREE provides a diverse array of supports and services including: housing, recovery services, transition to work, employment, day, community and family services, respite, crisis services, education and after-school support, primary and specialty health care and advocacy. For more information, please call 516-870-7000 or visit <a href="https://www.familyres.org">www.familyres.org</a>.

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